



Bay Country Figure Skating Club is offering
5 different sessions of On Ice Clinics for the
2017/2018 Season.



Friday from 6:40pm-6:55pm
See dates below

You do not need to be a member to participate.

Cost of Clinics will be \$65.00 for 1 session or walk on fee of \$13.00 or
1 punch on a freestyle card. Please fill out clinic form if you wish to purchase a complete
session. For walk on fees please sign in and complete payment at the BCFSC freestyle table.

Session #1 Power Skate/Stroking with Tom Harrison

This 15 minute power skate/stroking classes is recommended to help skates with speed,
conditioning, endurance and control. This is a fast paced class and we recommend skaters stay
hydrated before and after this class.

Session #1 dates: 9/8/17, 9/15/17, 9/22/17, 9/29/17, 10/6/17 and 10/13/17

Session #2 Edges with Laura Jamieson

This 15 minute edge class will focus skaters on proper use of skate blade edges. Edges are used
in moves, jumps and footwork patterns.

Session #2 dates: 10/20/17, 10/27/17 11/3/17, 11/10/17, 11/17/17 and 12/8/17

Session #3 On Ice Dance with Jerry Santoferrara

This 15 minute dance classes is recommended for testing dance moves and helping for
footwork patterns. Students will be taught patterns in groups according to their current test
level. Advanced patterns may not be included in this class, please inquire with Jerry.

Session #3 dates: 1/5/18, 1/12/18, 1/19/18, 1/26/18, 2/2/18 and 2/9/18

Session #4 Edges with Laura Jamieson

This 15 minute edge class will focus skaters on proper use of skate blade edges. Edges are used
in moves, jumps and footwork patterns.

Session #4 dates: 2/23/18, 3/2/18, 3/9/18, 3/16/18, 3/23/18 and 3/30/18

Session #5 Power Skate/Stroking with Tom Harrison

This 15 minute power skate/stroking classes is recommended to help skates with speed,
conditioning, endurance and control. This is a fast paced class and we recommend skaters stay
hydrated before and after this class.

Session #5 dates: 4/13/18, 4/30/18, 5/4/18, 5/11/18, 5/16/18 and 5/25/18

*Please note fill in coaches will be obtained if assigned coach is not available to teach the classes. No make up
times are allowed if skater misses a class when purchasing a session, however if class is cancelled due to closure
of rink for weather; the club will credit the skater for other club events fees.

Bay Country Figure Skating Club On Ice Clinic 2017/2018 session registration

Skater name: _____

Please choose what session(s) you would like to enroll:

_____ Session #1 Power skating/stroking \$65.00

_____ Session #2 Edges \$65.00

_____ Session #3 On Ice Dance \$65.00

_____ Session #4 Edges \$65.00

_____ Session #5 Power skating/stroking \$65.00

Total submitted _____

If you do not have a current membership on file please sign the following waiver:

PARENTAL CONSENT AND INDEMNIFICATION AGREEMENT

I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such "activity". I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees (as defined above) or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes claim against any of the above

Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasees may incur as the result of any such claim.

Printed Name of Parent/Guardian

Signature of Parent/Guardian

Date