

## USFSA recommendations for Test Candidates



### Prior to test day:

- Complete test application and fill in all requested information, including membership number
- Submit completed application and fees prior to deadline
- If you are resting with a club other than your home club, request that your home club test chair or officer send the necessary permission to the host club
- Provide proof of having passed the prerequisite test requirement
- If you have a special need or request, let the test chair know as far in advance as possible
- If after applying for the test, you find you cannot make it, notify the test chair immediately

### Test day:

- Plan to arrive one hour prior to your scheduled warm-up time unless instructed otherwise
- Bring with you:
  - Skates and guards
  - Skating outfit
  - Music (Please bring a back-up copy as well!)
  - Water and snacks
  - Test permission if not already sent
  - Extra laces / extra pair of tights
  - Something to keep you quietly busy until test time (book to read, homework, etc.)
- Make sure skaters are polished and have new or clean laces

- Dress properly for the test – girls: nice dress with sweater or jacket and boys: nice pants with sweater or jacket
- Upon arriving at the rink, check in with the test chair or registration table to determine if there have been any schedule changes
- Turn in your music – make certain it is clearly marked with your skaters name
- Keep your voice down so as not to interrupt another tester's concentration
- Have skates on and be ready to get on the ice when called – please be certain to check in with the ice monitor
- Be aware which end of the ice you will be starting / entering on

#### During test:

- Prior to starting your test, introduce yourself to the judging panel
- Wait for a signal from the judge-in-charge or other official prior to starting the test and each move
- During moves in the field tests, you may speak BRIEFLY with your coach between moves but NOT between changes of direction. However, skaters should be ready to start when signaled to do so.
- At the conclusion of your test, do not leave the ice until dismissed by the judging panel
- If the judge's request a re-skate of any element let the judges know whether you plan to warm it up or just do it. Also, you may speak briefly with your coach
- Have fun!

#### After test:

- Test papers will be given to you so you can see the results and read the judge's comments
- Return the original test papers to the test chair before leaving the rink. However, you may be able to obtain copies from the test chair or rink management
- Be mindful of the other skaters testing
- Retrieve your music from the registration table
- Thank the judges and those in charge of the testing session
- Make sure you have all of your belongings before departing the rink
- Keep working hard to improve your skating skills!
- Celebrate your successes!